



**387**

survivors of human trafficking and key stakeholders benefitted through anti-trafficking initiatives in 2023

**5161**

school students and teachers engaged through Blue School interventions in 2023

**48,819**

individuals benefitted from access to water and sanitation in healthcare facilities in 2023

## Context

Violence against children, unsafe migration and trafficking, poor maternal and child health outcomes and natural disasters are some of the key challenges faced by children and youth in Nepal. To address these challenges, Tdh strengthens the local child protection and health systems by adapting and contextualizing its global tools and methodologies and transferring knowledge and expertise to local partners and governments.

Tdh is present in five provinces of Nepal through strategic partnerships: Lumbini, Bagmati, Madhesh, Karnali and Koshi. Madhesh, Koshi and Lumbini border with India and are well-known cross border trafficking hot spots.

## Intervention map



## General overview

Terre des hommes (Tdh) has been working to bring change to the lives of the most vulnerable children in Nepal since 1985. Our migration, child protection, health, and WASH programmes continue to benefit thousands of children, their families and communities across the country. We are as well committed to responding to significant natural disasters such as earthquakes. Our intervention areas in Nepal have been selected based on the needs and inequities that exist in relation to Tdh's thematic priorities and on aspirational provinces and districts set by the government to transform pockets of underdevelopment.

## Our thematic priorities



**Child protection**



**Children and young people on the move**



**Humanitarian aid**



**Mother and child health**



**Water, sanitation and hygiene (WASH)**

Tdh's health programme aims to improve primary healthcare and WASH services in rural settings where the burden of child, neonatal, and maternal morbidity and mortality remain high. Our work is directed towards government health workers, with a particular focus on Auxiliary Nurse Midwives (ANMs), pregnant and postnatal women, new-borns and their family. Tdh applies Government of Nepal's WASH Facility Improvement Tool (WASHFIT) to fill gaps in the WASH service delivery in Health Care Facilities (HCFs). Through our work with community committees, we promote and facilitate access to adequate WASH conditions at household levels and in institutions such as schools, HCFs.

To prevent unsafe migration and ensure children at risk receive necessary support, Tdh strengthens local child protection mechanisms, counsels children on safe migration, builds efficacy to increase their agency and supports them to raise their voice.

## Our impact in 2023

### Health & WASH interventions

- 10 Health Care Facilities (HCFs) in rural areas have basic water, sanitation, and hand hygiene facilities
- 4 group handwashing stations with 80 taps (20 in each handwashing facility) constructed in schools
- 6 incinerators constructed in schools for proper management of menstrual wastes
- 44 HCFs and school staff trained on operations and maintenance of WASH facilities
- 57,755 people were reached under the handwashing campaign in Thakurbaba municipality that led to its recognition as first "Total Handwashing Municipality" in Nepal
- 10 HCFs supported to improve waste management system
- A study on healthcare waste generation from primary healthcare facilities in Karnali and Lumbini provinces is being conducted in collaboration with the Management Division of the Department of Health Services.

### Migration and child protection

- 50 survivors of human trafficking received direct income generation support through case management in Jhapa and Ilam districts of Nepal
- 109 participants received training on the Problem Management Plus (PM+) methodology
- 104 children and youth reached through case management support
- 407 people including community stakeholders and representatives from networks reached through training and counselling sessions to learn about migration issues.

## Highlight project

Tdh, with the support of the Australian Department of Foreign Affairs and Trade and with our partner Shakti Samuha, is applying Sports for Protection methodology with children at risk and survivors of human trafficking to empower and support them in realizing their capability and self-efficacy. Through this evidenced-based approach, that integrates child safeguarding, life skills strengthening and psychosocial support, we create safe spaces enabling children to thrive, free from exploitation and harm.

## Outlook

- The programmatic approach will be further developed and strengthened with a stronger focus on integrated programming through a climate change lens
- Innovation is considered as a key factor of impact, quality, and relevance, as well as efficiency across programmes and institutional operations of Tdh Nepal, while ensuring contextual relevance to all innovations
- Operational and strategic partnerships with local organizations and institutions will be developed and strengthened to ensure a more equitable partnership approach.

## Advocacy

Thakurbaba Municipality has endorsed the model of Operations and Maintenance (O&M) Policy for WASH in HCFs where Tdh and its partner Geruwa provided technical support.

Thanks to the effective outcome of the Blue School activities, one of the municipalities (i.e. Bansgadhi) have incorporated key elements of the Blue School interventions in the local curriculum of the municipality.

## Main partners and donors

**Partners:** Shakti Samuha; Geruwa Rural Awareness Association (Geruwa); Biswas Nepal.

**Donors:** U.S. Department of State: Office to Monitor and Combat Trafficking in Persons (J/TIP); Swiss Agency for Development and Cooperation (SDC); Swiss Water and Sanitation Consortium (SWSC); DFAT; UK Foreign, Commonwealth & Development Office (FCDO); Somaha Foundation; Tdh Innovation Fund; HEM Foundation.



"This game isn't just about playing, it's also about striving to eradicate the wrongdoings in our community. What I've learned is the importance of assisting those who require help. To eradicate social ills and advance our nation, the support of our parents alone isn't enough."

14-year-old eighth-grade student participating in our Sports for Protection project in Jhapa.

## Contact

For more information please contact:  
**Kyra Marwaha, Country Delegate,**  
kyra.marwaha@tdh.org, +977 9801978650

## Stay updated with our latest news

- [facebook.com/terredeshommesnepal](https://facebook.com/terredeshommesnepal)
- [linkedin.com/showcase/tdh-nepal](https://linkedin.com/showcase/tdh-nepal)
- [instagram.com/tdh\\_nepal](https://instagram.com/tdh_nepal)

As the leading Swiss child rights organisation, created in 1960, Terre des hommes stands together with children to uphold their rights, protect their lives and improve their well-being. In 2023, we supported over 5.2 million children and members of their communities in more than 30 countries.



Siège | Hauptsitz | Sede | Headquarters  
Rte des Plaines-du-Loup 55, CH-1018 Lausanne  
T +41 58 611 06 11, info@tdh.org  
www.tdh.org, CH41 0900 0000 1001 1504 8

www.tdh.org  
www.facebook.com/www.tdh.org  
www.x.com/tdh\_org  
www.linkedin.com/company/tdh-org



**Terre des hommes**  
Helping children worldwide.