Terre des hommes
Helping children worldwide.

Nepal



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43,500
individuals gained access to improved water, sanitation and hygiene services in 2025

3480
cases registered in the case management system in 2025 to facilitate service provision and follow-up support

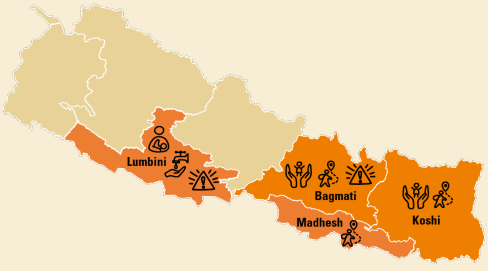
417
children, young people, families and community members engaged in migration awareness activities in 2025

Context

Violence against children, unsafe migration, child early and forced marriage, human trafficking, poor maternal and child health outcomes, and natural disasters are some of the key challenges faced by children and youth in Nepal. To address these challenges, Tdh focuses its efforts on strengthening local child protection and health systems by adapting and contextualising its global tools and methodologies and transferring knowledge and expertise to local partners and governments.

Tdh is present in four provinces of Nepal through strategic partnerships: Lumbini, Bagmati, Madhesh, and Koshi. Madhesh, Koshi, and Lumbini border India and are well-known hotspots for cross-border trafficking.

Intervention map



General overview

Terre des hommes (Tdh) has been working to improve the lives of the most vulnerable children in Nepal since 1985. Through programmes in Child Protection, Migration, Health, and Water, Sanitation, and Hygiene (WASH), Tdh supports children, families, and communities across multiple provinces. Our work focuses on strengthening government systems and local capacities to ensure sustainable and inclusive services for children and youth. Through strategic partnerships with local organisations and government institutions, Tdh contributes to safer communities, improved health services, and protection systems that safeguard children's rights.

Our thematic priorities

- **Child protection**
- **Mother and child health**
- **Children and young people on the move**
- **Water, sanitation and hygiene (WASH)**
- **Humanitarian aid**

Tdh works to prevent unsafe migration and trafficking while strengthening local child protection mechanisms. Through our programmes, we provide case management, psychosocial support, and reintegration assistance for survivors and returnee migrants.

Our programmes aim to improve maternal, neonatal, and child health outcomes by strengthening primary healthcare systems and WASH services, particularly in rural health facilities and schools.

Tdh maintains the capacity to respond to emergencies, including natural disasters such as earthquakes, ensuring child-centred humanitarian support.

Our impact in 2025

Health & WASH interventions

- 43,500 individuals gained improved access to water, sanitation, and hygiene services.
- 205 healthcare staff trained on WASH FIT (Water and Sanitation for Health Facility Improvement Tool) across 27 healthcare facilities.
- 309 adolescent girls received menstrual hygiene management training.
- 138 students trained on solid waste management practices.
- 55 teachers trained on WASH and environmental learning activities.
- 30 municipal officials trained in water quality laboratory operation.
- School-based environmental learning initiatives reached hundreds of students.

Migration and Child Protection

- 3,480 cases registered through the case management system across 20 local governments.
- 890 returnee migrants supported through social reintegration plans.
- Technical support provided for the finalization of the digitalization blueprint of the Labor and Employment Information Management System for the Ministry of Labor, Employment and Social Security.
- One Drop-In-Center (DIC) established and provides psychosocial counseling service for individuals in need, particularly those working in the Entertainment and Hospitality Sector (EHS);
- 237 LGBTQIA+ individuals accessed services through outreach and Drop-In-Centre support;
- 108 children and youth participated in learning sessions on child rights, gender equality, and climate change.

Advocacy

Key advocacy achievements included:

- Supporting municipalities to strengthen healthcare waste management systems;
- Advocacy for improved water quality monitoring systems;
- Policy engagement for inclusive municipal data systems for LGBTQIA+ communities;
- Establishment of monitoring mechanisms for workers in the entertainment and hospitality sector;
- Tdh is represented in multiple alliances, groups, forums, etc., such as Joining Forces, Girls Not Brides, NACG, Alliance 8.7, CTIP Inter-Agency Coordination Group, National WASH in HCF TWG, AGUASAN, AIN Working Groups.

Outlook

In the coming year, Tdh Nepal will prioritise:

- Strengthening integrated programming across thematic areas;
- Expanding climate-sensitive WASH interventions;
- Scaling digital solutions for migration and reintegration;
- Strengthening equitable partnerships with local organisations.

Highlight: Prayatna Project

Tdh, in partnership with Shanti Foundation and supported by the Swiss Agency for Development and Cooperation (SDC), is implementing the *Prayatna Project* in Nepal. The project strengthens local government systems to prevent and respond to exploitation, with a focus on the entertainment and hospitality sectors. It promotes gender justice by targeting girls and queer communities, who are disproportionately affected.

Through integrated services, advocacy, and capacity strengthening, Prayatna improves prevention mechanisms, supports policy implementation, and expands access to protection services and information, enhancing the safety, dignity, and well-being of vulnerable groups.



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"I feel safer at the drop-in centre than I do at home. Here, I can speak freely, be heard without judgment, and trust that my story will remain confidential. For people like us, this is the safest place we have,"

– A member of the queer community who regularly visits our drop-in centre

Main partners and donors

Partners: Change Action Nepal (CAN); Shanti Foundation; Geruwa Rural Awareness Association.

Donors: Swiss Development and Cooperation (SDC); Swiss Water and Sanitation Consortium (SWSC); Woord en Daad; Australia Department of Foreign Affairs and Trade (DFAT); Somaha Foundation

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As the leading Swiss child rights organisation, founded in 1960, Terre des hommes stands alongside children to uphold their rights, protect their lives and improve their well-being. In 2025, Tdh and its partners supported 6.2 million children, young people and their community members across 27 countries.

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