Terre des hommes
Helping children worldwide.

Myanmar



224,870
individuals were supported through the earthquake response projects in 2025

118,785
Individuals received health and nutrition support in 2025

35,548
children and young people received protection services in 2025

Context

In 2025, families in Myanmar continued to face overlapping crises of poverty, conflict, displacement, and climate-related shocks, including seasonal flooding and a major earthquake in the Mandalay and Sagaing regions. These compounded vulnerabilities particularly affected internally displaced persons (IDPs) and migrants who had relocated to urban areas.

Many families now live in overcrowded peri-urban settings with limited access to basic services, including clean water, healthcare, education, jobs, and food assistance. Children are increasingly out of school and exposed to risks such as child labour, abuse, early pregnancy, trafficking, and unsafe migration.

There is an urgent need to strengthen access to education, protection services, and community-based support to ensure safer and more stable conditions for children.

General overview

Terre des hommes (Tdh) has been working in Myanmar since 2008, improving children's well-being through service delivery and strengthening local capacities. Tdh implements complementary programmes in health, child protection, family reintegration and alternative care, access to justice, migration, emergency response, humanitarian assistance, education, and social protection.

Despite the challenges following the 2025 earthquake, ongoing conflict in affected areas, population displacement linked to the conscription law, limited internet access in some regions, and the overall difficult operating environment, **Tdh supported 578,507 beneficiaries in 2025.**

Our impact in 2025

Migration programme

- **11,993** children joined the Bring Back Learning and Quality Basic Education programme.
- **193,057** individuals benefited from child protection and health initiatives led by 50 CSOs (including 608 members) funded through nine-month small-grant pilot projects.
- **12,147** individuals from the most vulnerable and marginalised communities in IDP sites were supported to better withstand the adverse socio-economic effects of the ongoing political crisis.
- **3248** households received IDP support.

Access to justice programme

- **785** children were successfully reunited with their families.
- **58** children were placed with foster parents.
- **453** children were provided legal aid and restorative justice services.
- **50** children were supported in the SIL (Supervised Independent Living) placement.
- **159** children and families received income generation support.

Health programme

- **141,151** pregnant women and children under five years were supported with nutrition services.
- **122,069** individuals accessed primary health, water, sanitation, and hygiene (WASH) in the marginalized communities.
- **50,952** individuals, including pregnant women and mothers with children under two years old, directly benefited through social protection services.
- **46,738** individuals in camps for IDPs in conflict-affected areas received emergency basic needs support, including life-saving and multi-sectoral humanitarian assistance.

Our thematic priorities

Migration programme

Education: We create safe community-based learning spaces for girls and boys aged 5–18 who have missed out on education, offering catch-up and remedial programmes focused on literacy, numeracy, life skills, and social-emotional learning. Our work focuses on vulnerable communities in slums and peri-urban areas across four townships in Mandalay, Northern Shan State, Kachin State, and Bago East.

Civil Society Organisations (CSOs): By focusing on localization, grassroots CSOs are empowered to lead local development efforts, improving child survival and development. The project supports communities, including migrants, displaced people, and host populations.

Humanitarian Aid: We support people displaced by conflict and natural disasters through timely interventions in affected areas. Our assistance includes food security, protection, shelter, non-food items (NFIs), health, and nutrition support. We remain emergency-ready to rapidly reach the most affected communities with essential aid, including mental health and psychosocial support (MHPSS).

Access to justice programme

Family reintegration: We encourage the de-institutionalization process by helping children safely reintegrate into supportive family environments from training schools, camps, and other care settings.

SIL (Supervised Independence Living): We support family reintegration for children where possible. For those without families who are also 18 years old, we provide SIL placement and support their integration into the community with supervision until they can live independently, including assistance with well-being and job opportunities.

Alternative care: We support quality foster placement for children separated from their families and deliver protection services in emergencies. We also work through community outreach, stakeholder collaboration, advocacy, and networking.

Juvenile justice: We improve access to justice for children in contact with the law, both offenders and victims, by ensuring legal advice and representation. We also strengthen child protection systems at the community and national levels to enhance the juvenile justice system.

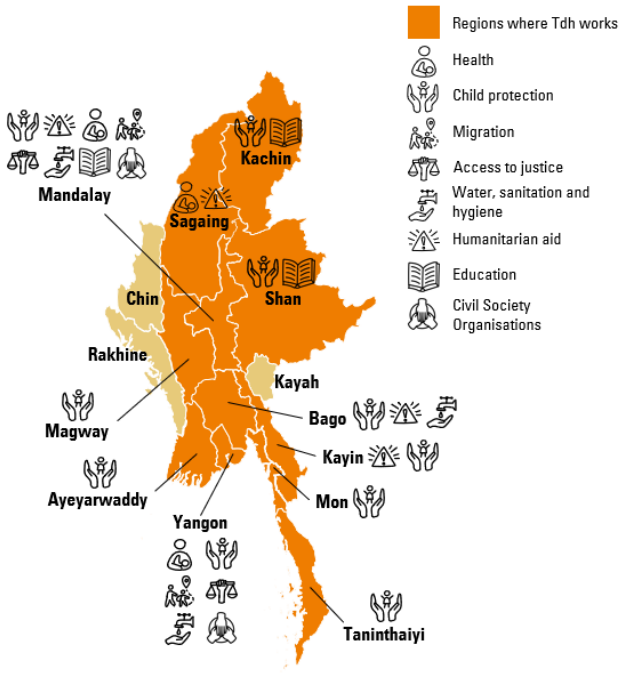
Health programme

Mother and child health: We aim to improve access to essential **health, WASH, and nutrition services** in Yangon's peri-urban townships, reducing morbidity, mortality, and acute malnutrition among children under five and pregnant and lactating women.

Social protection services: In Yangon's largest industrial hubs and peri-urban townships, Tdh implemented a maternal and child cash transfer programme to meet basic needs, strengthen community resilience, and encourage positive health-seeking behaviors.

Mobile clinic: We provide primary health care in underserved peri-urban areas of Yangon and Mandalay, focusing on pregnant women and children under five. Our work includes essential care and health education.

Intervention map



Outlook

In 2026, we are expanding our operations in the migration and protection sectors nationwide while scaling up urban projects. Working with local and international partners, we will adapt existing programmes to emergency contexts with a focus on cross-border migration, access to education, and the reunification and family-based alternative care for unaccompanied and separated children.

Main partners and donors

Active local partners: Child Development Association, Candle Light, ChildFund Myanmar, Radana Mitta Organisation, Hlaing Tharya Development Network, Gathering House, HSF, MCHS, HNF, BDA (Border Areas Development Association), Pyi Gyi Khin.

State partners: Ministry of Social Welfare, Relief and Resettlement, Ministry of Health.

Donors: European Union, UNICEF, WFP, Gebauer Foundation, UNOPS (NRM and LIFT Fund), Swiss Solidarity.

Contact

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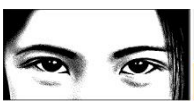
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As the leading Swiss child rights organisation, founded in 1960, Terre des hommes stands alongside children to uphold their rights, protect their lives and improve their well-being. In 2025, Tdh and its partners supported 6.2 million children, young people and their community members across 27 countries.

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